

December 13, 2021

MCHD Board Minutes Rich Bianculli, Chairman

Call to Order

The Marion County Hospital District Board of Trustees regular monthly board meeting was called to order by Rich Bianculli on December 13th, 2021 with a quorum present at 5:00 P.M at 2547 E. Silver Springs Blvd., Ocala, FL.

5:00 PM Roll Call

Upon roll call the following Board Members were present in office: Rich Bianculli, Teresa Stephens, Randy Klein, David Cope, Sam McConnell, Ken Marino, Ram Vasudevan

Invocation

The meeting opened with invocation by David Cope.

Board Members /Others Present on Web/Phone

None

Board Members Absent

None

Others Present in Office

Joe Hanratty, Debra Velez, Jessica Cole, Dolly Dockham, Danielle Johnson and photographer, Mike Harris, Crippen & Co., Kathy Bryant, Lauren DeLorio

Public Comment (3 Minutes)

None

Adoption Of Previous Minutes

MCHD November 15th and December 7th 2021 - A Motion was made by Teresa Stephens seconded by Sam McConnell to adopt the previous MCHD board minutes of November 15th and December 7th as presented. With no further discussion and no objections, the Motion passed unanimously.

FIANANCE COMMITTEE REPORT

New Business

MCHD

November 2021 Financials

Crippen presented the November 2021 Financials and stated there were no anomalies. There being no further business, Crippen and Co. closed the Finance Committee Meeting Report. A Motion was made by Sam McConnell, seconded by Ken Marino to approve the financials and accept the financial report. The Motion passed unanimously with no objections.

OPERATIONS COMMITTEE REPORT

Sam McConnell opened the Operations Committee Report.

New Business

Legal Matters

Legal Claims - Joe reported that there are no new legal claims to discuss.

MCHD Bylaws – Joe has suggested some moderate changes to the MCHD bylaws below. 1. Change the address under Article II Offices to 2447 East Silver Springs, Fl 34470. 2. Strike the last sentence from Section 5.4 pertaining to the District Executive Director serving as Executive Director to MRHS. 3. Change the date of the conflict-of-interest statute from 2019 to 2021. A Motion was made by Randy Klein, seconded by Teresa Stephens to approve the MCHD Bylaws with the changes as presented. The Motion was passed unanimously with no objections.

Eighth Amendment to the Lease – Eighth amendment was previously approved at the November board, Advent has requested that Appendix A be added to the amended document presented just to show the property locations for exchange. A Motion to approve was made by David Cope, seconded by Teresa Stephens to approve the Eighth Amendment to the Lease addition of Appendix A as presented. The Motion was unanimously approved with all in favor.

MCHD 2022 Meeting Dates - the MCHD 2022 Board and Committee Meeting Dates were approved by general consent.

Legal / Old Business

None

There being no further discussions Sam made a Motion to accept the Operations Report by general consent, the Motion passed unanimously with no objections and Sam closed the Operations report.

INVESTMENT COMMITTEE REPORT

Teresa Stephens opened the Investment Committee Report.

New Business Renasant Summary and Investors Report

Teresa and Crippen reviewed the Investment report/Overview – Crippen reported that there was clear reporting for December and that Berman was doing well in the portfolio.

Investment Bank Custodian - Investment custodian discussions were held in regard to US Bank, trustees prefer all investors be with one custodian for monitoring purposes. Teresa, Matt and Caleb are in discussions with the investors about which one they prefer, Truist can secure their own bank and can use US Bank, Greystone uses US Bank. Further discussions to follow at next committee meeting. A Motion was made by Sam McConnell to accept the Investment Report, seconded by David Cope. The Motion was passed unanimously with no objections.

Old Business

None

There being no further discussions a Motion was made by Sam McConnell, seconded by David Cope to accept the Investment Report as presented, the Motion passed unanimously with no objections. Teresa then closed the Investment Committee Report.

David Cope opened the Strategic Initiatives Committee Report.

STRATEGIC INITIATIVES COMMITTEE REPORT

New Business

Beacon Point

Building 1 Flooring - The flooring in Building one need to be replaced: it is 2/3 vinyl planking and 1/3 carpeting at this time. Three quotes were obtained to replace the flooring in Building 1:

- Carpet One Quote A \$38,492.21
- Carpet One Quote B \$44,163.37 (most expensive)
- Penn Flooring \$43,831
- Georgia Floors \$40,490.60 (Least expensive)

David reported back to the Board of Trustees his findings after meeting with Carpet One, Penn Flooring, and Georgia Floors. David went and checked out the carpeting to be used and was informed by Carpet One they use well wearing planking and nylon carpeting. Georgia Carpet uses nothing less than 20ml on their surfaces but uses polyester carpeting. Penn Flooring uses 20ml planking and nylon carpet. Sam suggested using all vinyl planking on the floors for better care and longer durability. A Motion was made by David Cope to recommend using all vinyl flooring and to use Penn Flooring, it was seconded by Randy Kline. After some discussion David withdrew the Motion, Randy withdrew his second. The Motion does not pass. After some more discussion a Motion was made by Ram Vasudevan to accept using Penn Flooring and installing all vinyl flooring, the difference in cost will be at staff's discretion with 15-20% flexibility, it was seconded by Ken Marino. With no objections the Motion passed unanimously.

Beacon Point Services Update - Michael Harris

LifeStream – Buildings 1 & 3—Outpatient Co-Occurring (Mental Health/Substance Abuse) Counseling Services & Community Support Groups. LifeStream has received a total of 76 new consumers as of the start of the fiscal year 10/1/21. 76% of all referrals were un/underinsured. Community Support Groups in building 3 increased to 5 groups occurring a week, including a veteran's specific group. LifeStream will receive their first court referral (Marchman Act) tomorrow.

SMA – Building 5 & 6 Medication Assisted Treatment/Targeted and Adult Case Management/Access Center. SMA is currently providing MAT services in BLDG 5 to 148 consumers. SMA opened the access center on 11/15/21 began serving all consumers, including internal referrals for the campus; data will begin to be available at next update.

Park Place – Building 2 & 4 Clinical Withdrawal Management/Res 1/ Recovery Peer Support Services. Detox has served 63 individuals since the start of the fiscal year 10/1/21. Residential level 1 program opened on 11/15/21 and is at capacity as of 12/5/21 with 7 clients all of which were stepped down from detox. PPBH Recovery Peer Support Services totals since start of fiscal year; 10/1/21: Total calls from Emergency Department, self-referrals, and other sources calls= 112. In-person Emergency Department and other source contacts = 125. Beacon Point internal referrals = 146.

Heart of Florida-Building 5 Primary Care/ Psych Med. Management. Heart of Florida is operating 3 days a week (Tuesday, Thursday and Friday) for behavioral health medication management and primary care. Heart

of Florida is expected to operate the full 5 days a week by the beginning of 2022. Heart of Florida pharmacy permitting is still on track to be in scope by January 2022 pending flooring. Heart of Florida is receiving on average 7-10 new internal referrals each day they are operating on campus.

FANS UPDATE

Horticulture - A total of 1,238 pounds of produce and 2,147 heads of lettuce were grown in FANS programs at the secondary level and either distributed into cafeterias or sent home with students and families. Elementary schools are currently harvesting their crops and conducting taste tests with the students. New learning landscapes will be planted in February.

Physical Education - The PE Program Specialist performed assessments at schools to determine needs and to continue increasing MVPA to at least 50% of time the students are in PE. Data collected thus far demonstrates that 63.90% of students are within the recommended health fitness zone when completing the Progressive Aerobic Cardiovascular Endurance Run (PACER) test. BMI data has been collected from each elementary school and is being compared to BMI data from the end of last school year to determine areas of greatest need. Data collected thus far demonstrates that 71.70% of students have a BMI that is within the recommended health fitness zone. Staff will be working with those PE teachers on strategies to impact BMI's of students in the unhealthy range.

Health Education - The Health Educator and MCHD will be working on plan to share next month on a vaping/tobacco video contest. The Health Educator provided educational training on vaping and tobacco cessation to 9 middle and 4 high schools and reached 10,556 unduplicated services.

Miscellaneous - Jeff Feller (Well Florida) and staff finished developing metrics for FANS program. Jeff Feller will be conducting focus groups with parents in 2nd quarter to determine parental understanding of FANS program and further programmatic needs perceived by parents.

AMP UPDATE

Work Place Wellbeing - The AMP program is actively working with 27 employers at 120 locations. At initial engagement of a worksite, AMP staff conduct a survey with employees on lifestyle changes they want to make with their health and wellness. This survey allows the AMP program to tailor educational sessions on lifestyle changes based on the employee needs. AMP also works with the HR department or insurance company of employer to continue development the employer's wellness program. AMP conducted educational trainings at 4 sites this month (iServ, Winco, Globalwide Realty, and Career Source). AMP added 1 new worksite this month (College Park which is the first community school partnering with United Way).

Step Challenges are events that are created for workplaces utilizing the AMP Application. Employees join teams on the AMP application. The individual teams compete against each other for quarterly prizes and rewards. This motivates individuals to continue past the challenge using the application and to make lifestyle changes. AMP is finalizing challenges at the following worksites in December: Beacon Point, Faithfully Guided, City of Belleview. AMP is starting new quarterly step challenges at the following worksites in January: Iserv, His House for Her, Capstone Academy, Graceway Academy, Blessed Trinity, SDA Church. AMP increases awareness, fosters healthy behaviors, and encourages physical activity through health education messaging and community health education. AMP has worked with many providers throughout the community on a uniform message for diabetes prevention. We have also partnered with local farmers to provide fresh fruit and vegetables to program participants of the community health education programming.

Eat Healthy, Be Active- In this six-week program participants receive weekly nutrition and fitness education, fresh produce from a local farmer, and pre/post clinical screenings conducted by Advent. 14 City of Belleview staff completed the training and 100% of participants reported making a change in lifestyle (i.e., exercising more, making better nutritional choices) as a result of attending the classes. One participant stated they

went from walking 3,500 steps per day to 13-14,000 per day. Advent conducted clinical screenings which will be reported at the next meeting.

DEEP (Diabetes Empowerment Education Program)- AMP, in partnership with the Department of Health, has scheduled a class in Ft Mccoy that will start in January.

BOCC Health Fair- AMP Staff participated in a Heath Fair for all County employees. AMP had an activity to educate participants on the amount of sugar in beverages. Programmatic materials were distributed for all MCHD programs. There were 220 participants.

Community Home Project - Debra stated there will be ore discussion about this at the next committee meeting.

Demonstration Grants – At the Committee Meeting, Brandi Cooney presented the following demonstration grants provided by the Community Foundation for approval

Agency: Hands of Mercy Everywhere

Program Name: Adolescent Mental and Physical Health Program

Contact: Diane Schofield

Funding Amount: \$25,000

Projected Clients to be served: 58 teens, 20 of these teens are mothers

Mission Category: Behavioral Health

Proposed Health Project: Teen Shelter for Girls - Therapeutic mental health services to girls aged 12-19yrs. living in foster care. Therapeutic services include intake within seven days and assessments weekly thereafter, mental health and substance abuse services, Trauma Informed Cognitive Behavioral Therapy, Trust Based Relational Intervention, depression/suicide screening, medication management, and life skills training. Program includes psychiatrist, psychiatrist ARNP, licensed mental health counselor, and campus coach.

Agency: Kimberly's Center for Child Protection

Program Name: The Prevention Program

Contact: Dawn Westgate

Funding Amount: \$25,000

Projected Clients to be served: 10,000 students

Mission Category: Behavioral Health and Opioid Prevention

Proposed Health Project: Provide 1st and 2nd grade students as well as middle and high school students in every public school in Marion County the Monique Burr Foundation's Child Safety Matters or Teen Safety Matters curriculum. These are evidence-based/evidence-informed, comprehensive prevention programs that educate and empower children and adults with universal strategies and Safety Rules. The Child Safety Matters curriculum includes bullying, cyberbullying, digital dangers, and all types of child abuse. Teens will progress to the Teen Safety Matters Curriculum, topics

include mental and emotional health, suicide, and substance use and abuse. Program includes two Community Outreach Advocate's.

Agency: Open Arms Village

Program Name: Substance Abuse Counselor

Contact: Pam McBride

Funding Amount: \$25,000

Projected Clients to be served: 26 men living on campus

Mission Category: Behavioral Health/Opioids

Proposed Health Project: Funding to bring their current part time substance abuse counselor to full time. Counselor will meet two times a week individually with clients and hold one group session per week. Current capacity is 18 men, MCHD funding will increase the number of clients served and provide one additional individual session.

Agency: Faithfully Guided Foundation

Program Name: Faithfully Guided LIVE (Learn, Impact, Validate, Empower)

Contact: Jamie Schofield and Dr. Ashlee Seek

Funding Amount: \$25,000

Projected Clients to be served: 50

Mission Category: Diabetes and Obesity

Proposed Health Project: Lower blood glucose, hemoglobin A1c levels, decrease weight, improve self-efficacy scores to clients living with T2DM. Weekly sessions will be taught by a nurse practitioner, a licensed clinical counselor, registered nurse for the first 12 weeks, then monthly, thereafter. An In-Body scan will be performed on week one of the program and repeated at three months and the conclusion of the program. In-Body is used to determine visceral fat, the dangerous fat that increases the risk of diabetic complications and cardiovascular disease. Self-efficacy scores will be obtained on week one, 12, and at the conclusion of the program. Participants will be weighed weekly. Heart Rate Variability will be used to collect physiological data that will provide a granular understanding of the body, evaluating and monitoring sleep efficacy and the body's ability to modulate stress. The educational framework for weekly sessions includes Faithfully Guided Health Center's five pillars of health are: nutrition, movement, purpose, stress management, and sleep.

There was some discussion what grants are defined as incubator. Rich says we requested new unique projects not some that are already being done. Rich said maybe Community Foundation misunderstood what we wanted, David suggested moving the presented mini-grants to behavioral health, Sam would like to wait on that and give them atrial period of year before moving them. Rich stated that 3 were approved at the committee meeting we just need to decide which funding bucket to use and to then have further discussions at next committee meeting about what is considered an incubator program.

After some discussion a Motion was made Sam McConnell to approve all 4 mini-grants and have 3 come out of the behavioral health fund bucket and the 4^{th} one to come out of development funds. it was seconded by Randy Klein. The Motion passed unanimously.

Mary Sue Rich Community Center MOU - The Mary Sue Rich Community Center at Reed Place will be a hub for the community, housing an indoor space for different programs, an event space, fitness equipment, a library, and multi-purpose studio rooms. Joe Hanratty discussed the changes to the amendment in regard to funds and extension date of December 2022. After some discussion David Cope made a Motion to approve the

updated MOU as presented, it was seconded by Teresa Stephens, Motion passed unanimously with all in favor.

Other Business

Extreme Solutions - Debra mentioned that Extreme Solutions, a re-entry program at the Marion County Prison is looking for a couple office spaces. Debra stated that there are two at Beacon Point in Building One that are not being used and would not be able to be used by any medical or therapy staff due to the windows in the office. Debra requested board approval to allow them to use the space. After some discussion a Motion was made by Randy Klein, seconded by Teresa to allow Extreme Solutions to occupy two offices at Beacon Point. Joe Hanratty will draft an MOU to be signed.

Dashboard for Programs - David Cope stated that MCHD will need to think about adding a staff member who can assist with data collection and maintaining data. Further discussion on this topic can be discussed at a future committee meeting.

There being no further business, Sam made a Motion to accept the Strategic Initiatives Report as presented, seconded by Ken, with no objections the Motion was passed unanimously. Rich Bianculli then adjourned the meetings at 6:15 P.M.

Rich Bianculli, Chairman