

Marion County Hospital District

Board of Trustees Meeting Minutes

November 26, 2018 @ 5:00 p.m.
Rich Bianculli - Chairman of the Board

Call to Order

Rich Bianculli called the November 26, 2018 regular meeting of the Marion County Hospital District Board of Trustees to order at 5:00 p.m.

Board Members Present

Ken Marino, Randy Klein, Rich Bianculli, Ram Vasudevan, Sam McConnell, David Cope

Board Members Absent

Larry Strack

Present by Phone

None

District Attorney Present

Joe Hanratty, Charles Forman

Others Present:

Curt Bromund, Brianna Liles, Debbie Cooper, Michelle Stone, Carlos Medina (arrived 5:15 pm), Heather Wyman, Rebecca Tull, Ann Burnette, Nancy Castillo, Phil O'Day, Beth McCall, Laurel Lingle, Bess Gortemoller, Thomas Buss, Hillary Jackson

Invocation

David Cope

Public Comment (3 minutes)

None

Approval of Previous Minutes – October 29, 2018

A **Motion** was made by Sam McConnell to accept the Minutes of October 29, 2018. The **Motion** was seconded by Ken Marino. The **Motion** passed unanimously.

MCHD Financial Reports, Budget vs. Actual Balance Sheet and Income Statements.

Debbie Cooper reviewed the October 2018 financials. A **Motion** was made by David Cope to accept the Financials of October 2018 as presented. The **Motion** was seconded by Ram Vasudevan. The **Motion** passed unanimously.

Meeting Dates for 2019 will be:

MRHS/MCHD Monthly Board Meetings on Mondays at 5:00 PM

January 28

Feb. 25

March 25

April 22

May 20

June 24

July 22

Aug. 26

Sept. 23
Oct. 28
November 18
December 16

MRHS/MCHD Grant/Investment/Operations/Committee Meetings on Tuesdays

January 22	12-2 (Investors/Renasant Present)
February 19	12-2
March 19	12-2
April 16	12-2 (Investors/Renasant Present)
May 14	12-2
June 18	12-2
July 16	12-2 (Investors/Renasant Present)
Aug.20	12-2
Sept. 17	12-2
Oct. 22	12-1 (Investors/Renasant present)
November	No Committee Meeting
December 10	12-2

Investment Training

Investors Training Jan. 21– Massey
Investors Training April 15 – Suntrust
Investors Training July 15 – Berman Capital

MCHD Officers 2019 – To date, Larry has served 2 years as Chairman, Ken Marino has served 2+ years as Vice Chair, David has served 2 years as Chair, 2 years as Sec/Treas., Rich has served 1 year as Chair, 1 year as Vice Chair and 1 year as Sec/Treas., Sam has served 1 year as Vice Chair, 1 year as Sec/Treas., Randy has served 1 year as Sec/Treas.

2019 Board Members will be:

Chairman – Rich Bianculli
Vice Chair – Sam McConnell
Sec./Treasurer – Randy Klein

After some discussion, a **Motion** was made by Randy Klein to accept the MRHS/MCHD board members for 2019 as presented. The **Motion** was seconded by Ram Vasudevan. The **Motion** passed unanimously.

2019 MCHD Committee Members will be:

Grant Committee

Dave Cope (Chairman), Larry Strack, Curt Bromund, Randy Klein, Sam McConnell, Rich Bianculli

Investment Committee

Rich Bianculli (Chairman), David Cope, Larry Strack, Curt Bromund, Sam McConnell
- Investment Committee members must have 8 hours of Investment training yearly

Operations Committee (sub-committees Audit/Pension Committee)

Sam McConnell (Chairman), David Cope, Rich Bianculli, Larry Strack, Curt Bromund, Randy Klein

A **Motion** was made by Randy Klein to accept the 2018/2019 MCHD Committee Members list as presented. The **Motion** was seconded by Ram Vasudevan. The **Motion** passed unanimously.

New Business

Grant Committee Update - Grant Cycle 3.0

Quarter Three reports were received – **La Guadalupana Clinic** has cancelled the grant as he does not expect their program to begin until after construction is completed, which will be late 2019 and has returned the funds from First Quarter granted of \$20,250.

College of Florida - Construction/Remodel has commenced. Remodel is expected to take 2 months. Equipment has been identified and ordering will be completed by the end of November and installed prior to a Spring term start date in January, Spring term 2019 – Lab will be ready for student use Paramedic to RN Program SACSCOC accreditation has been approved. Florida Nursing Board approval is in process and expected by end of 4th quarter. ACEN substantive change is in process and expected by end of 4th quarter Curriculum has been developed. Approval by curriculum committee is expected in January.

FreeDOM Clinic – Ann and Dr. Demetrick LeCorn, provided an update on their grant. Dr. Lecorn, a specialist in root canals, teaches students how to do root canals and other services in order to be successful at providing dental services. Ann stated that Ocala Eye is now a collaborator as well for services. Data from the pie charts provided showed that of the 1789 patients surveyed, 71% reside in Ocala and the others live in neighboring cities throughout Marion County, 45% are White (Caucasian), 63% are women 68% are female head of household, 59% do not have any health insurance, 85% do not have dental insurance, 55% are unemployed, 72% smoke of which 58% would like to quit, 50% brush 2x/day, 38% brush 1x/day and 11% brush only sometimes. After watching the instructional videos on the benefits of brushing, 91% said they would start brushing 2x/day, 79% don't floss. After watching the instructional videos on the benefits of flossing, 80% said they would start flossing, 93% eat sugary/junk food and drink primarily soda and juices and not water. After watching the videos on the benefits of eating fruits, veggies and drinking water, 78% said they would make healthier food choices. We attract the patients with services such as free dental, eye care and legal consultation, with the primary purpose of educating them so that they will make better choices to improve their health. We provide the necessary dental treatments they need and get them out of pain, but our main focus is health and dietary change through education. The data shows that the education is highly effective.

Barret Liner – Laurel/Bess gave an update on their grant. Laurel talked about the diabetes prevention program through the Well@Work initiative. The focus of the program is to encourage participants to lose 5-10% of their weight through nutrition changes and physical activity. Research shows those most at risk for developing diabetes can significantly delay diagnosis through weight loss, dietary changes, and increased physical activity. Because of this grant, we were able to leverage resources from Florida Blue that would not otherwise have been available to many of the employers we worked with due to their size. Our program focused on creating awareness and then offering programs that helped the employees improve areas identified as “at risk”. Participants were offered a biometric screening and personal health assessment with health coaching. This was a very enlightening process for many of the employees.

Of our initiatives, the weight management program I referred to earlier has probably been our most utilized program. Either through weight watchers or an online program, participants are encouraged to make nutrition changes and engage in at least 150 minutes of physical activity each week in order to reduce their risk for developing diabetes. Research indicates that it costs 3x more to manage someone with diabetes than it does to prevent them from getting diabetes. Since February, we have had 1,278 employees register for the program with 835 actively engaged in the program. 246 of those have lost at least 5% of their weight (discuss enrollment throughout the months). Participants are also averaging 123 minutes of physical activity/week. (Self-reported and through fitbit). We have also partnered with Active Marion Project to promote the AMP app to our worksites and offered a month-long challenge to the Marion County School Employees. Initially, when we were prepping for the challenge, we were hoping for 10% of the population. We successfully met that goal and doubled it having over 1200 employees

register for the challenge with over 59 teams. With so much success with the challenge, we partnered with Active Marion Project again and are currently running the Maintain, Don't Gain Holiday challenge. This 7 week virtual challenge encourages participants to strive to maintain their weight over the holiday through weekly challenges that focus on healthy eating, physical activity, and stress management.

MC Childrens Alliance – Beth McCall, Nancy and Phil gave an update on their grant. A lot of children are being displaced from their homes due to drugs and alcohol issues at home. Beth briefly summarized Phil O'Day's position and responsibilities. Phil is getting more active calls and is engaging with 69 clients so far. They are still working on getting into the hospitals. Beth also stated they need to add a second navigator in order to be more successful.

AMP/FANS Updates

AMP - Collaboration & Partnership

- Presented at Million Cups (CEP)
- Attended DOH meeting with the Florida Surgeon General
- Weight Management program with Zone Fitness- reviewing proposal (start in Jan 2019)
- Maintain, Don't Gain Holiday Challenge partnership with DOH, MCPS, worksites, individuals (now through Dec 31)

Smart Phone Application

- Updates on Android for AMP Rangers
- Optimizations to app to increase speed of loading information

Multi-Media Engagement

- Using social media and kiosks to recognize top performers in challenges, workplace wellness, and events
- See below for kiosk distribution information
- Social media
 - Weekly photo contest with Maintain Don't Gain Challenge
 - Almost 600 Facebook followers (up 150 since last month)
 - Over 325 Instagram followers (up 50 since last month)
- Met with Clear Channel re: geofencing opportunities

Data & Metrics

- Almost 3,250 Downloads
- 120 active team (almost 200 teams total)
- Top teams
 1. FreeD.O.M. Clinic
 2. Chafing the Dream
 3. TC Dream Team
 4. MCPS ROE
 5. MCPS VHS (Vanguard)

Health Education Campaign

- Electronic Kiosks
 - Delivered to YMCA, Zone Fitness and 3 are at DOH
 - Reached out to Florida Hospital, ORMC, Heart of Florida and Langley to ones placed at their facilities
- Pop Up Fitness classes- launched Oct 1
 - 6 classes per week
 - Started class at Jervey Gantt aimed to increase activity among DOH employees
 - Romeo Dunnellon group consistently has 10-14 participants
- Beach Please Summer Challenge- Prizes delivered to schools, workplaces, and individuals

AMP Workplace Wellbeing

- MCPS – AMP Step Challenge (October 2018)

- Over 1230 participants and 59 teams
- Hillcrest Elementary had most participants (55)
- Top performers (recognition events will occur first week in December)
 1. Vanguard HS
 2. Romeo Elementary
 3. Belleview Middle School
- Prizes delivered to more than half of schools
- Partnership with Barrett Liner Buss
- Ocala Equine Hospital (48 employees)- Signed MOA. Employee interest survey being done
- City of Belleview- Workplace Wellness Celebration
- Seminole Feed- Attended wellness fair
- Department of Health
 - Pop Up Fitness class offered at Jervey Gantt during lunch hour
 - Maintain Don't Gain Holiday Challenge

FANS - Elementary Raised beds:

11 schools successfully completed harvest education days (okra, tomatoes, green beans, bell peppers, cucumbers, squash and zucchini)

Classroom taste tests included: zucchini bread, peppers w hummus, tomato salad, roasted squash

9 of 11 schools have signed wellness pledges to encourage a culture of wellness. This includes things such as active celebrations, non-food based reward systems and healthy foods at parties.

Each school must allow FANS to sponsor a family literacy night to educate families on the project.

The next 5 schools have been chosen: Marion Oaks, Hammett Bowen, Oakcrest, Harbour View, Greenway

Middle School Learning landscapes:

Osceola – vertigro, raised beds, floating beds and NFT

Belleview Middle School – microgreens, raised beds and vertigro towers

Ft King – ordering vertigro

North Marion – raised beds being planted for winter crops. Vertigro greenhouse to be constructed.

Meetings with FNS are being scheduled to schedule taste tests and possible production schedules.

Blessed Trinity- signed on – still in planning stages

High School Greenhouses:

Vanguard- Lettuce, peppers, tomatoes, strawberries, cauliflower, basil, cilantro, and broccoli. Next taste test will feature items from the greenhouse. In addition to items being put back into the cafeteria, FANS club will distribute in carline to educate families on the food that is being grown.

Belleview and North Marion - final plans being reviewed.

Dunnellon- site work started.

Trinity Catholic – Greenhouse almost complete. Plan is to start growing first week of December

FANS Clubs:

Quarter one: Over 2000 students participated in the taste tests across all FANS schools.

Second quarter has started. This month was health awareness campaigns: Rethink your drink, healthy holidays, fun ways to be active.

Fitness:

BMI's and fitness testing's are completed at the FANS schools grades 1-5.

Continues support and education for all 11 FANS schools.

The 5 new schools had site visits to gauge what supports they will need as we move forward

Community Engagement:

Superintendent Safe Halloween: just under 2000 people -FANS had 2 booths –

HIPPY Family night- approx. 26 children plus their caregivers

MCPS Community Engagement- approx.. 100 parents, children and school administrators

Grants Cycle 4.0 – Grant Proposals due Monday November 26th by 5 PM – A total of 21 proposals have been received for review and will be delivered to the trustees some time this week. A grant workshop will be set up for December 6th at noon to invite some of the proposal groups to come in and discuss their grant request.

After some discussion, Sam McConnell made a **Motion** to approve the grant report. The **Motion** was seconded by Ken Marino. The **Motion** passed unanimously.

Investment Committee Update

Investment Report – Rich reported we were down ~ 2M month to date so far and down 5M to calendar date.

A **Motion** to approve the Investment Report for November 2018 was made by Ram Vasudevan. The **Motion** was seconded by David Cope. With no further discussion, the **Motion** passed unanimously.

Operations Committee Update

Nothing new to report under Operations.

Pension Sub-Committee – MRHS Pension Termination Update – Joe has some questions in regard to the RFP to be sent out. He is waiting for some answers from Aon Hewitt and Joe has suggested the following dates for the Project Schedule.

12/1/18 Publish/Advertise RFP
12/30/18 Deadline to answer questions
1/18/19 Deadline to submit RFP
1/22/19 Committee Review
2/19/19 Recommend to Board
2/25/19 Board selects Provider

Old Business

Florida Hospital Lease Requirements – Sam McConnell asked Curt for an update on Florida Hospital and the lease requirements for providing the District with certain documents. Curt mentioned that they are working on the advisory board composition according to the lease. We will request a list of advisory board members that meet our lease requirement's member composition. In addition, by mid-February, we will request a list of anticipated capital expenditures and projects for the hospital. Rich Bianculli stated that he is requesting that Joe Hanratty send a letter with a list of our expectations which include projects, capital expenditures and CON (Certificate of Need) update. Rich Bianculli also wants it relayed the advisory board should be formed by end of this year (2018).

Heart of Florida (HOF) – Randy stated that Heart of Florida has purchased the former Albertsons grocery store building at 2553 East Silver Springs Boulevard for \$2.9 million and is closing on the building on Wednesday November 28, 2018. Randy Klein said Heart of Florida could pay cash for the purchase of the building but would need \$2 million to renovate 20,000 square feet of the more than 67,000-square-foot building. The space is desperately needed for the administration staff and the clinics. He asked again if the hospital district could make a commitment for the \$2 million. Randy stated there are still some restricted covenant issues pertaining to whether medical/dental services are allowed in that area and Randy is asking that Joe Hanratty get involved and give his opinion on the restrictions. Rich advised that the District will stand by its commitment but still require that the covenant issues be resolved prior to committing funds from the District.

Other/Legal Matters

Legal Claims – No Change

Adjournment

Rich Bianculli adjourned the meeting at 6:30 p.m.



Rich Bianculli, Chairman