

DOWNLOAD THE  
ACTIVE MARION PROJECT APP



# Top 10 Reasons to Join AMP

# 1

Automatically set up and track your movement, no matter what fitness tracker or app you use.

# Top 10 Reasons to Join AMP

Earn points for each step. The more steps you earn, the more prizes you win! Choose from restaurant discounts, gym freebies and other goodies.

# **Top 10 Reasons to Join AMP**

# 3

**Create teams and encourage each other to move more.**

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**4**  
Talk with friends, groups  
and amplifiers.

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5

Follow your progress on the leader board and see where your team stands.

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**1**  
You have a secure login  
and password.

# Top 10 Reasons to Join AMP



Get notifications about exercise opportunities, upcoming challenges and ways to earn bonus points.



# Top 10 Reasons to Join AMP



Receive daily inspiration to  
keep you motivated.

# **Top 10 Reasons to Join AMP**

**Access a calendar of  
community and partner  
health promotion events.**

# Top 10 Reasons to Join AMP

# 10

Every quarter, AMP will recognize top performers and host recognition events.